



YOUR MISSION: **TAKE ON** RA TODAY

If you're not getting relief from RA symptoms, it may be time to rethink your treatment. **RINVOQ is here to help.**

Get the latest on RINVOQ for RA:
Sign up at [RINVOQ.com/ra-signup](https://www.rinvoq.com/ra-signup)

WHAT IS RINVOQ?¹

RINVOQ is a prescription medicine used to treat adults with moderate to severe rheumatoid arthritis in whom methotrexate did not work well or could not be tolerated. It is not known if RINVOQ is safe and effective in children under 18 years of age.

SAFETY CONSIDERATIONS

RINVOQ can lower the ability of your immune system to fight infections. Some people have had serious infections while taking RINVOQ, including tuberculosis (TB) and infections caused by bacteria, fungi, or viruses that can spread throughout the body. Some people have died from these infections. RINVOQ may increase your risk of certain cancers. Lymphoma and other cancers, including skin cancers, can happen in people taking RINVOQ. Blood clots in the veins of the legs or lungs and arteries are possible in some people taking RINVOQ. This may be life-threatening and cause death. Other serious side effects include tears in the stomach or intestines and changes in certain laboratory test results.

Please see Important Safety Information on page 7. Refer to full [Prescribing Information](#), including [Medication Guide](#), at www.rxabbvie.com/pdf/rinvoq_pi.pdf and discuss with your doctor.

RINVOQ

RELIEF

In clinical studies,

RINVOQ helped:



Significantly relieve joint pain, swelling, and stiffness



Significantly reduce RA fatigue



Stop further joint damage



Make it easier to do everyday tasks like turning on a faucet, buttoning a shirt, and running errands

Plus, RINVOQ is proven effective with or without methotrexate.

Talk to your rheumatologist about RINVOQ



In a clinical study, RINVOQ helped relieve RA pain, swelling, and stiffness for some people **in as quickly as one week**.

The majority of people felt **significantly improved symptoms at 12 weeks**, and many reported the same relief **over a year later** (at 60 weeks).*

Helps relieve RA pain, swelling, & stiffness

1
week

12
weeks

60
weeks

Individual results may vary.

*20% improvement in RA symptoms when used with csDMARDs. A doctor could adjust supportive RA medicines as needed starting at Week 24.

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For adults with moderate to severe rheumatoid arthritis (RA) for whom methotrexate did not work well.

HELPING **RELIEVE** PHYSICAL AND MENTAL SYMPTOMS

In clinical studies,* some people taking RINVOQ reported **both their physical and mental RA symptoms improved**, according to the SF-36 survey.

*At 12 or 14 weeks; excluding a study of people who failed biologic therapy.

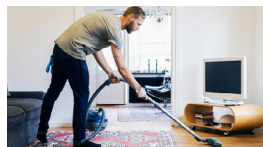
WHAT IS SF-36? The 36-question Short-Form Health Survey (SF-36) is a patient self-assessment that measures the following components of physical health and mental well-being.

PHYSICAL



Function

ability to do activities like climbing stairs, getting dressed, or handling housework



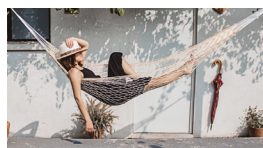
Everyday impact

time and effort needed to do regular daily activities



Pain

intensity across your whole body and how it affects your day



General health

impressions of your overall wellness

MENTAL



Vitality

amount of time feeling energetic vs. tired



Sociability

how much emotional or physical challenges get in the way of social activities



Emotional impact

amount of time and care you can put into your work and everyday activities



Mental health

amount of time spent feeling happy, calm, nervous, down, or sad

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A ONCE-DAILY PILL

- > **Take RINVOQ once a day, at about the same time every day**
- > **You can take RINVOQ with or without food**
Do not split, break, crush, or chew the pill
- > **You and your doctor will determine your optimal treatment plan**

IN ONE EASY-TO-OPEN BOTTLE

Awarded the Arthritis Foundation's Ease of Use Commendation, RINVOQ's innovative bottle cap includes:

- > **Wide profile and easy-open grip**
- > **Embedded tool that seamlessly punctures the foil liner**



RINVOQ in ACTION

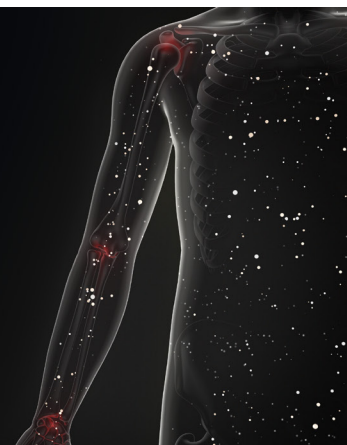
With RA, your **overactive immune system** attacks your joints.



RINVOQ is a JAK inhibitor that **REGULATES** your overactive immune system to **HELP STOP** the attack.

RINVOQ works inside your cells to block certain signals that are thought to cause inflammation.

Learn more about the science behind RINVOQ and how it works at [RINVOQ.com/ra-science](https://www.rinvoq.com/ra-science)



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TALKING WITH YOUR RHEUM

When you're battling rheumatoid arthritis, your rheumatologist is your partner. Be open about your struggles and setbacks, as well as your goals, so they can help you decide on a treatment plan tailored for you.

Be honest • Be specific • Be candid

Don't hold back—tell your doctor about all the challenges RA throws your way. Physical or mental, big or small, these challenges paint a complete picture of how RA is affecting you, which will help you decide how to move forward, together.

Remember, results don't happen overnight. But staying committed to an effective treatment plan will give you the best chance at getting to your goals.



➤ **Get ready for your next talk with our appointment checklist**

Visit [RINVOQ.com/ra-checklist](https://rinvoq.com/ra-checklist)

➤ **Find a rheumatologist near you**

Visit [RINVOQ.com/ra-rheum](https://rinvoq.com/ra-rheum)

RINVOQ RELIEF

MAKE IT YOUR MISSION

Get the latest on RINVOQ for RA

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WE'RE IN YOUR CORNER

Once you and your doctor decide to take on RA with RINVOQ, you'll have access to **RINVOQ Complete**—a one-to-one personalized experience providing the resources you need when you need them.

Regardless of your insurance coverage or status, your **RINVOQ Complete Nurse Ambassador*** can connect you with an Insurance Specialist who can help you find ways to save.

You may pay **\$5/mo[†]** with the **RINVOQ Complete Savings Card** as little as

RINVOQ is covered by >95% of commercial insurance plans[‡]

RINVOQ[®] COMPLETE

To enroll you can:



Work with your **doctor's office**



Text "ENROLL" or call **1.800.2RINVOQ** (1.800.274.6867)

1 msg/request. Msg & Data Rates May Apply. Visit www.abbvie.com/privacy.html for info on AbbVie's privacy practices, and SeeRTerms.com for terms and conditions.



Visit **RINVOQComplete.com**



* Nurse Ambassadors are provided by AbbVie and do not work under the direction of your health care professional (HCP) or give medical advice. They are trained to direct patients to their HCP for treatment-related advice, including further referrals.

[†] Terms and Conditions apply. This benefit covers RINVOQ[®] (upadacitinib) alone or for RINVOQ plus one of the following medications: methotrexate, leflunomide (Arava[®]), or hydroxychloroquine (Plaquenil[®]). Eligibility: Available to patients with commercial prescription insurance coverage for RINVOQ who meet eligibility criteria. Co-pay assistance program is not available to patients receiving prescription reimbursement under any federal, state, or government-funded insurance programs (for example, Medicare [including Part D], Medicare Advantage, Medigap, Medicaid, TRICARE, Department of Defense, or Veterans Affairs programs) or where prohibited by law or by the patient's health insurance provider. If at any time a patient begins receiving prescription drug coverage under any such federal, state, or government-funded healthcare program, patient will no longer be able to use the RINVOQ Complete Savings Card and patient must call RINVOQ Complete at 1.800.2RINVOQ to stop participation. Patients residing in or receiving treatment in certain states may not be eligible. Patients may not seek reimbursement for value received from the RINVOQ Complete program from any third-party payers. Offer subject to change or discontinuance without notice. Restrictions, including monthly maximums, may apply. Patients who are members of insurance plans that claim to reduce or eliminate their patients' out of pocket co-pay, co-insurance, or deductible obligations for certain prescription drugs based upon the availability of, or patient's enrollment in, manufacturer sponsored co-pay assistance for such drugs (often termed "maximizer" programs) will have an annual maximum program benefit of \$6,000.00 per calendar year. This assistance offer is not health insurance. To learn about AbbVie's privacy practices and your privacy choices, visit www.abbvie.com/privacy.html

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[‡] National commercial coverage as of January 2021.

[§] Based on formulary status under the pharmacy benefit.

Formulary definitions: Coverage means placed on formulary without a step edit through other biologics. For RINVOQ, this could include coverage on a non-preferred tier, which may result in a higher out-of-pocket cost.

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USE AND IMPORTANT SAFETY INFORMATION

WHAT IS RINVOQ?¹

RINVOQ is a prescription medicine used to treat adults with moderate to severe rheumatoid arthritis in whom methotrexate did not work well or could not be tolerated. It is not known if RINVOQ is safe and effective in children under 18 years of age.

WHAT IS THE MOST IMPORTANT INFORMATION I SHOULD KNOW ABOUT RINVOQ?

RINVOQ is a medicine that can lower the ability of your immune system to fight infections. You should not start taking RINVOQ if you have any kind of infection unless your healthcare provider (HCP) tells you it is okay.

- **Serious infections have happened in some people taking RINVOQ, including tuberculosis (TB) and infections caused by bacteria, fungi, or viruses that can spread throughout the body. Some people have died from these infections.** Your HCP should test you for TB before starting RINVOQ and check you closely for signs and symptoms of TB during treatment with RINVOQ. You may be at higher risk of developing shingles (herpes zoster).
- **Lymphoma and other cancers, including skin cancers, can happen in people taking RINVOQ.**
- **Blood clots in the veins of the legs or lungs and arteries are possible in some people taking RINVOQ. This may be life-threatening and cause death.**
- Tears in the stomach or intestines and changes in certain laboratory tests can happen. Your HCP should do blood tests before you start taking RINVOQ and while you take it. Your HCP may stop your RINVOQ treatment for a period of time if needed because of changes in these blood test results.

WHAT SHOULD I TELL MY HCP BEFORE STARTING RINVOQ?

Tell your HCP if you:

- Are being treated for an infection, have an infection that won't go away or keeps coming back, or have symptoms of an infection such as:

- Fever, sweating, or chills	- Diarrhea or stomach pain
- Shortness of breath	- Cough
- Warm, red, or painful skin	- Weight loss
- Sores on your body	- Burning when urinating or urinating more often than normal
- Muscle aches	
- Feeling tired	
- Blood in phlegm	
- Have TB or have been in close contact with someone with TB.
- Have had any type of cancer, hepatitis B or C, shingles (herpes zoster), or blood clots in the veins of your legs or lungs, diverticulitis (inflammation in parts of the large intestine), or ulcers in your stomach or intestines.
- Have other medical conditions including liver problems, low blood cell counts, diabetes, chronic lung disease, HIV, or a weak immune system.
- Live, have lived, or have traveled to parts of the country that increase your risk of getting certain kinds of fungal infections, such as the Ohio and Mississippi River valleys and the Southwest. If you are unsure if you've been to these areas, ask your HCP.
- Have recently received or are scheduled to receive a vaccine. People who take RINVOQ should not receive live vaccines.

- Are pregnant or plan to become pregnant. Based on animal studies, RINVOQ may harm your unborn baby. Your HCP will check whether or not you are pregnant before you start RINVOQ. You should use effective birth control (contraception) to avoid becoming pregnant while taking RINVOQ and for at least 4 weeks after your last dose.
- Are breastfeeding or plan to breastfeed. RINVOQ may pass into your breast milk. You should not breastfeed while taking RINVOQ and for at least 6 days after your last dose.

Tell your HCP about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. RINVOQ and other medicines may affect each other, causing side effects.

Especially tell your HCP if you take:

- Medicines for fungal or bacterial infections
- Rifampicin or phenytoin
- Medicines that affect your immune system

Ask your HCP or pharmacist if you are not sure if you are taking any of these medicines.

WHAT SHOULD I TELL MY HCP AFTER STARTING RINVOQ?

Tell your HCP right away if you:

- Have any symptoms of an infection. RINVOQ can make you more likely to get infections or make any infections you have worse.
- Have any signs or symptoms of blood clots during treatment with RINVOQ, including:
 - Swelling
 - Pain or tenderness in the leg
 - Sudden unexplained chest pain
 - Shortness of breath
- Have a fever or stomach-area pain that does not go away, and a change in your bowel habits.

WHAT ARE THE COMMON SIDE EFFECTS OF RINVOQ?

These include: upper respiratory tract infections (common cold, sinus infections), nausea, cough, and fever. These are not all the possible side effects of RINVOQ.

HOW SHOULD I TAKE RINVOQ?

RINVOQ is taken once a day with or without food. RINVOQ is available in 15 mg extended-release tablets. Do not split, break, crush, or chew the tablet. Take RINVOQ exactly as your HCP tells you to use it.

This is the most important information to know about RINVOQ. For more information, talk to your HCP.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit AbbVie.com/myAbbVieAssist to learn more.

Please see full [Prescribing Information](#), including [Medication Guide](#), at www.rxabbvie.com/pdf/rinvoq_pi.pdf and discuss with your doctor.

Reference: 1. RINVOQ [package insert]. North Chicago, IL: AbbVie Inc.

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